

What is Aspektism for Teens/Adults Course?

It is designed for the greater & wider community, to gain a far deeper knowledge & insight of how autism spectrum disorder affects the lives of those individuals who have it in their lives!

It is targeted at parents/carers/teachers/support workers who either work or live with individuals with this condition.

This course was written back in 2008 & is the 3rd part of Kerryn's life journey. Her ASD was out of control, and she had no idea what it was and how to deal with it, until she was diagnosed at the age of 30.

Being that she had to learn about Asperger's Syndrome, how it affected and caused conflict within herself, her family and society. She was also taught valuable independent living skills and banking as part of her gaining control of her own life.

It was also highly applicable to revise & update this course in 2024, to bring it up to date to today's standards.

What made you decide that an Autism course for teens/adults was necessary?

There was a need from parents to both assist & help their teenagers & adults learn/grow/develop and to learn new skills

associated with Autism. Therefore, the course was developed to assist in this area.

Are there other Autism related courses on the market?

There are other Adult Autism related courses that other companies have run, which include diagnosis, social skills etc, but there's no other courses on the market aside from the ones developed from KTalk no!

What course modules are there in Aspektism?

Lifeism, Behaviourism, Overism, Comprehensism, Empathism & Skillsism.

Do you have more information on these modules?

With the first module **Lifeism**, it's all about the quality of life for a person with autism, and explains Dignity of Risk, Duty of Care & the Quality-of-Life Framework.

The second module of this course **Behaviourism**, participants will learn more about the differences of what a meltdown is, What a learnt Behaviour is, Behaviours of concern, What the drivers of concern are in behaviours, Learnt Behaviours, how to tell a person with ASD to leave you alone & behavioural

Strategies for your son or daughter with ASD.

The third module **Overism**, you'll learn more about the different types of overload for a person with ASD, including sensory, social & information overloads.

The 4th Module Comprehensism, you will learn how an autistic person has both a comprehensive & imaginative impairment & What is comprehension? What does it mean, Comprehension in Autistic people, Boundaries and autism, Comprehension & Emotional attachment, Comprehension & Mollycoddling & A story from an autistic person's perspective.

Empathism: Discusses in detail how teens/adults with Autism are unable to express empathy or compassion to others.

Skillsism: Train your sibling/teen/adult with ASD general house cleaning, grocery shopping, banking, & other necessary skills to help them to learn independent living skills for themselves.

How do I get support from these courses?

Online support is always there via email and Kerryn is just a phone call away. We can also arrange a Teams or Zoom meeting with you to help resolve your issues quickly if necessary.

Where to from here?

You are more than welcome to make an inquiry via email, or phone call to Kerry. Please use the contact details on this brochure or via the website.



CONTACT US:

Phone 61 3 0435 555 453

Email: info@ktalk.au

Website:

<https://ktalk.au/>

**Check out our website for
further information.**



*“Exceed Your
Expectations”*

**ASPEKTISM
FOR ADULTS**